



**“I gave the gifts because I’m teaching my kids to be helpful,
generous and kind to people around them.”**

Nancy, World Vision supporter for 5 years

Girl's sanitary kit

€8

When any young girl starts her period, she can feel anxious or afraid. Girls feel isolated, miss school during their periods and fall behind in class. This amazing gift is so simple and practical, and could restore a girl's dignity and help her to continue her education.

left: Nurhaba, 10, smiles while holding her new sanitary kit – Bangladesh. © 2018 World Vision



Mosquito nets

€30

Mosquitoes are the deadliest creatures in the world, causing fatal diseases such as malaria. And bed nets are essential to protect children from them. Your gift could buy a bed net and protect a child from nasty mosquito bites and deadly diseases.

left: Ellena's children used to be at the mercy of mosquito bites and malaria. Now, she has enough mosquito nets to protect her whole family – Malawi. © 2019 World Vision

Anti-bacterial soap

€15

provide a family with enough anti-bacterial soap to protect them for two months. Anti-bacterial soap can slow the spread of coronavirus and protect children and their families from diarrhoea and diseases such as cholera or typhoid.

left: Following the WHO guidelines, Suzi, 10, washes her hands after playing with her friends – South Sudan. © 2020 World Vision



Health bundle gift

€70

With this gift you could protect a child, an adolescent girl and a whole community. The health bundle could provide a treated mosquito net, a girl's sanitary kit and communal handwashing facilities.

left: Zoya 9 lives with her parents and sister. She is sponsored child who loves to help her mother cook. - Bangladesh . © 2021 World Vision

Clean water for a family

€20

Disasters can strike quickly and without warning. They can cut off basic services, including water. This gift could provide a family with a water filter so they can have clean water each day, for drinking, cooking and washing to help them recover after an emergency.

left: Tuyishimire, nine, gulps clean water out of his hands.– Rwanda. © 2018 World Vision

