



First time in a long time

— ❄️ —
Let's make Christmas count!



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**JOYEUX NOËL. FROHE
WEIHNACHTEN. FELIZ NAVIDAD!**

Christmas is one of the most widely celebrated occasions around the world. Today, encourage your family to learn how to say “Merry Christmas” in 3 new languages! Bonus: make some word art using cutouts from magazines or just markers and your own creativity, and hang it around the house to jog your memory!





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MIX, BAKE, DRIVE:

Today feels like a great day for a random act of kindness! Bake these easy jam-filled cookies and deliver them to someone special.

Not into cooking? Send a note, support a charity or pay it forward to someone instead.

It's a simple reminder of what matters the most on Christmas: sharing! Need more inspiration? Check out this recipe book.





EASY DIY ORNAMENTS:

Make your tree or house decorations personal with this DIY ornament that will work for even the non-craftiest of people! Mix three ingredients – 1 cup all-purpose flour, 1/4 cup table salt and 1/3 cup water until a firm dough forms, then roll it out until it's 0.5cm thick. Use cookie cutters to make Christmas shapes or jam/glass jars to make circles if you don't have cutters. Add a hole in the top with a straw or skewer - this will eventually be used to add ribbon or string to hang. Bake in a 100°C/212°F oven for 1 hour. Once cool, paint or leave them plain, thread ribbon or string through the top and they're ready to hang!

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CHRISTMAS THEMED MEAL:

Living in abundance is easy, but it takes creativity and planning to work with scarcity! Make yourself a vibrant festive meal at home with only 3 ingredients that are green, red and white in colour and be surprised with the end result. This does more than just appeal to the eyes, but to your spirit too!





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MAKE SOMEONE'S DAY!

Give a total stranger a compliment, or help someone load their shopping into their car, or let someone else take your seat on the bus or train. A little kindness goes a long way! "I Love your smile, you were kind to that shop assistant..." your options are endless.





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GIVE IT AWAY!

Books, toys, clothes... we often have things in our homes that we no longer use but someone else could. Spend 20 minutes today finding items that you could give away and help someone else in the process - then drop them off at a local school, charity, church, organisation that helps people or post it to a friend or family member who could benefit from it.



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STRING IT UP:

This decoration idea is good enough to eat! Bake a batch of gingerbread biscuits, making a hole in each one with a straw or skewer before baking. Once cool, thread and tie ribbon through the holes to make a garland, which you can hang on your tree or use as a table centrepiece. We highly recommend this easy recipe by BBC. Yum!



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